



Dr. Shawn A. Schmidt

Setting a New Course

by Dr. Shawn Schmidt

After sixteen years of practice, I have turned another corner, chiseled the barnacles off the vessel of my career, cleared the decks and re-set the sails for a new direction. I feel in many ways that **I am not just relocating my practice but truly starting over.**

Over the last year many journeys have ended for me but I'm starting anew and know that many journeys are yet to be discovered. As with all of us, we enter a time in our lives when "things", for whatever reason, change.

Perhaps it is some huge karmic design, or some greater plan but never-the-less life will briefly show us many opportunities, and as quickly as they are shown, they will disappear. Recognizing the right opportunities and acting upon them is challenge, but essential for achieving one's life goals.

My excitement of re-locating the clinic has turned into a very personal reward of moving my practice back towards its original direction. What I have envisioned for many years has quickly materialized into a simple but 'ideal' environment for providing a unique healing service. We have known for years the best place to heal or better yet to providing healing lies within the home.

Our new home on Chicago Street is enabling myself and my staff to put focus on the process of helping individuals to regain their health. **Small as it is, the new clinic provides the warmth and comfort, the right state of mind and healthy energy to direct individuals to true health.**

Many of you who have gotten to know me over the years, know my single, primary intent when I enter into a treatment room. That intent is to restore health into a body that has been neglected, abused, medically misdiagnosed, overmedicated or a surgical failure. I realize there is a time and place for all treatment modalities, but what **I see are failures of a health care system based primarily upon treatment of symptoms, not the cause. When everything else**

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Natural Health Center PC

8001 Chicago Street ~ Omaha, NE 68114 ~ 402-399-2020 ~ fax 402-399-0707



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has failed, I find thinking “out of the box” is often the only course to healing and restoring quality to a person’s life.

My emphasis with the new move is to sharpen my Chiropractic, nutritional and energetic medicine skills; the professional skills of the staff and to **refocus our direction to True North.**

I found out over the years that it is so easy to slip away from the direction we often set and end up somewhere off course, often into a rocky shore.

For those who have already visited our new home, **“Thank You”** for your continued patronage and the continued interest in your own health. For those who haven’t been in, we will be here when you need us. For now I wish you the Best of Health.

Dr. Shawn Schmidt